



ADEPT EXPEDITIONS PRESENTS:

# ESOTERIC EGYPT: ANCIENT HISTORY & MYSTERIES TOUR OF EGYPT

with **Anyextee & Kayleigh During**

OCTOBER 5 - 16, 2022

## TOUR ITINERARY

DAY 1 - Arrival Cairo, Egypt

DAY 2 - PRIVATE Sunrise visit inside the Great Sphinx enclosure, Giza Plateau & Pyramids

DAY 3 - Sakkara; Serapeum, Pyramid of Unas, Djoser Step Pyramid Complex + Dahshur; Bent Pyramid, Red Pyramid

DAY 4 - Fly to Luxor; Luxor Museum + Luxor Temple of Man

DAY 5 - Karnak Temple Complex

DAY 6 - Nile Cruise: Abydos; Temple of Seti I Temple & The Osirion + Dendera; Temple of Hathor

DAY 7 - Nile Cruise: West Bank; Hatshepsut Temple + Valley of the Kings + Ramesseum + Tombs of the Nobles

DAY 8 - Nile Cruise: Edfu Temple of Horus + Kom Ombo

DAY 9 - Nile Cruise: Aswan Quarry; Unfinished Obelisk + Philae Temple of Isis

DAY 10 - Fly to Cairo; Free Day

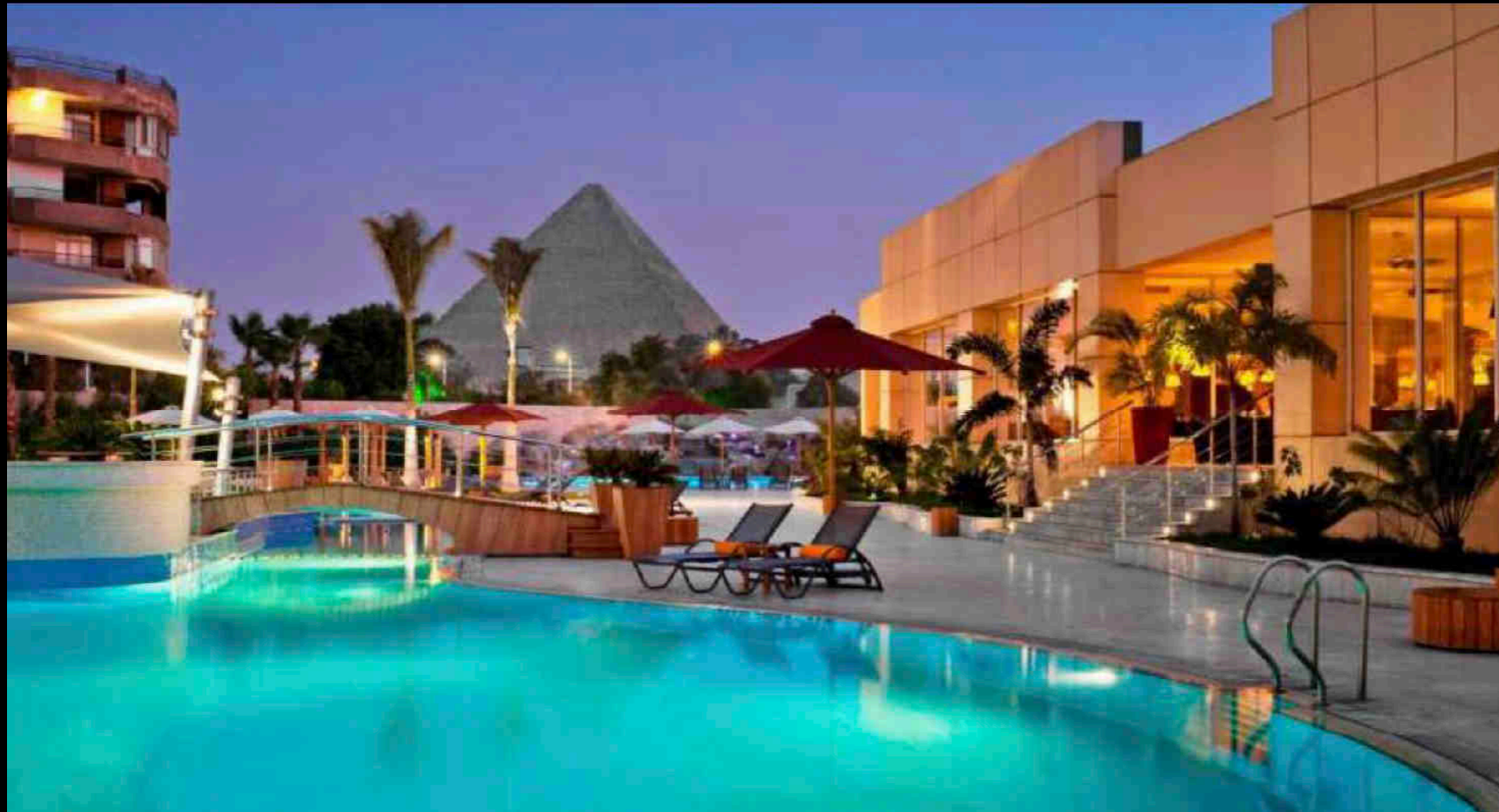
Day 11 - Egyptian Museum + PRIVATE VISIT INSIDE the Great Pyramid + Farewell Dinner Party

DAY 12 - Breakfast, Final Departure



WEDNESDAY, OCTOBER 5TH

# DAY 1: ARRIVAL IN CAIRO, EGYPT



Arrive at **Cairo International Airport** where upon exiting the plane you will receive a warm welcome reception by our Adept Expeditions local representative who'll assist you with your entry visa (currently \$25 USD) and formalities through customs and immigration. You will then be transferred to the hotel.

We will have a casual meet & greet with our speakers at night where you will also meet other members of our expedition tour party.

**Overnight:** Overnight: [Cairo Pyramids - Steigenberger -Hotel-](#) (No meals included on this day).

THURSDAY, OCTOBER 6TH

## DAY 2: PRIVATE SUNRISE VISIT TO THE SPHINX, VALLEY TEMPLE, & GIZA PYRAMIDS



We start our day with a private visit between the paws of the Great Sphinx (pre-opening) to enjoy a spectacular sunrise, opening meditation, and exploration of the enclosure. We discuss the [mysteries of the Sphinx](#) and show you the evidence for the water erosion theory, lost civilization theory and advanced engineering techniques. We will also see the Valley Temple with its alabaster floors and stupendous stone blocks intricately and precisely fitted together. We will show you the “smoking gun” evidence.

After breakfast we continue exploring the Giza Pyramids Plateau getting to know more about the history and mysteries of Ancient Egypt.

**Overnight:** Overnight: Overnight: [Cairo Pyramids - Steigenberger -Hotel](#)- (Breakfast, Lunch).



FRIDAY, OCTOBER 7TH

**DAY 3: SAKKARA; SERAPEUM, UNAS PYRAMID, DJOSER COMPLEX + DASHUR; RED PYRAMID, BENT PYRAMID**



After breakfast, we travel to Saqqara (Sakkara) to explore the tombs of nobles before experiencing the work of Imhotep, genius architect for King Djoser (Dynasty III) and builder of the Step Pyramid. The world's oldest freestanding stone structure, this pyramid consists of six tiers atop a mastaba, or low, oblong tomb, faced with cut stone.

We also visit the deeply mysterious Serapeum while at Saqqara. The usual explanation given by the Egyptologists is that it served as the burial place of the Apis bulls, which were incarnations of the deity Ptah. It was believed that the bulls became immortal after death as Osiris Apis. But here we shall examine the evidence for high technology that may suggest otherwise.

Next we travel to Dahshur, which was closed for many, many years. The [Bent Pyramid at Dashur](#) just recently opened for visitors for the first time in over 50 years! Dahshur holds the Black, White & Red Pyramids on its territory.

Overnight: Overnight: [Cairo Pyramids - Steigenberger -Hotel](#) - (Breakfast)





SATURDAY, OCTOBER 8TH

# DAY 4: FLY TO LUXOR; LUXOR MUSEUM + LUXOR TEMPLE OF MAN

*Following breakfast, we head to Cairo airport to fly to Luxor.*

*Upon arrival, we visit the **Luxor museum**, which exhibits a remarkable collection that symbolist author and rogue Egyptologist, John Anthony West considered to be "one of the greatest finds in all of Egyptology". In the evening and under the stars we visit the **Luxor Temple**, where R.A Schwaller de Lubicz spent 15 years developing his 'symbolist' interpretation of ancient Egypt, dubbing it the "Temple of Man". A lesson and experience in the Sacred Science awaits!*

*Overnight: Sonesta St. George Luxor Hotel - (Breakfast)*





SUNDAY, OCTOBER 9TH

# DAY 5: KARNAK TEMPLE - NILE CRUISE



Early visit to the vast Karnak Temple complex, consecrated to Amon in his role of animator of form, the 'breath of life across the waters'. Each major temple at Luxor represents one stage in their (and our!) cosmology, stages in the genesis of the universe. Huge joyous processions connected one temple to another. So the Egyptians, through an act of conscious deliberate sympathetic magic, were themselves mimicking and therefore participating in the process of creation itself. We can no longer do this — we've lost the necessary magic spell to access it — but the power of these temples provides an echo, an inkling, an appreciation of what life had once been like, when a genuine civilization, itself in a cosmologically ordained descending octave, last prevailed.

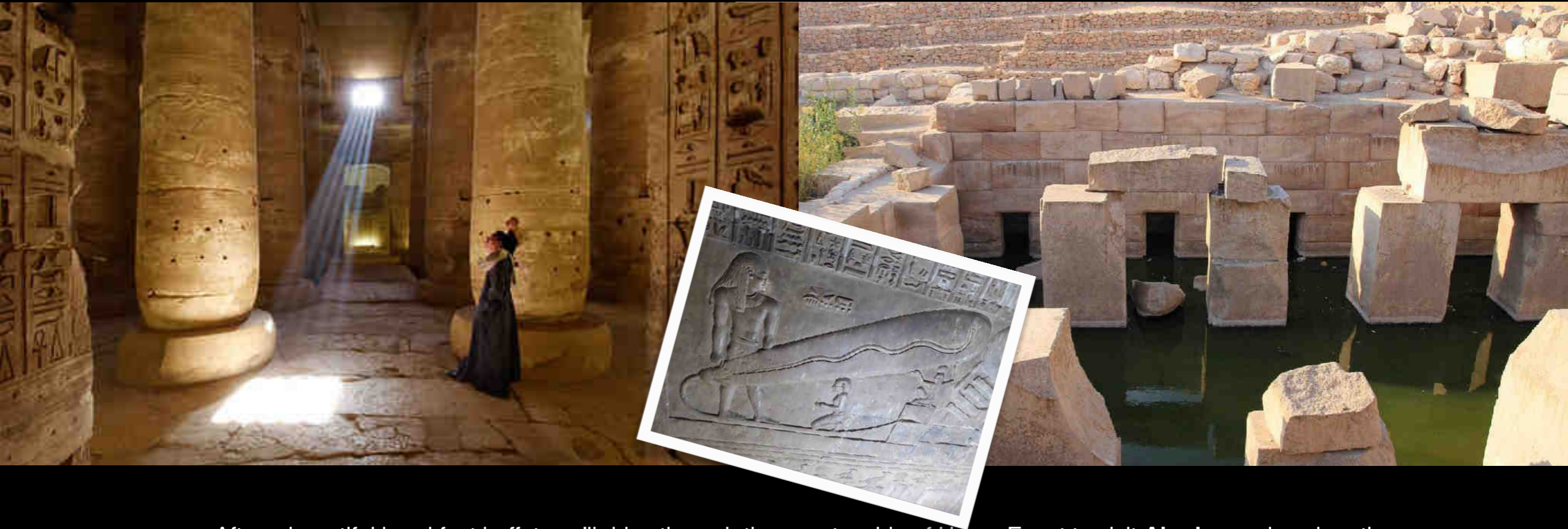
We do a private meditation session in a secluded Sekhmet Shrine in the company of the great Goddess' granite embodiment. Sekhmet is the female aspect of the initiating fire principle. She personifies the nourishing solar rays. The lioness, fierce yet protective of has the power to both hurt and heal.

We leave Karnak awed, humbled, exhilarated and — very much looking forward to a late breakfast.

**Overnight:** [Sonesta St. George Luxor Hotel](#) - (Breakfast)

MONDAY, OCTOBER 10TH

# DAY 6: ABYDOS; TEMPLE OF SETI I & THE OSIRION + DENDERA TEMPLE OF HATHOR



After a beautiful breakfast buffet, we'll drive through the country side of Upper Egypt to visit **Abydos** and explore the temple of the Osiris, built by Seti I, father of Ramesses the Great. Here you will have your first introduction to Sacred Symbolism. Behind the Temple we will see the "Flower of Life" depicted on the enormous megalithic stone pillars of the Osirion, one of the most powerful, mysterious, and resonant places of all Egypt, and almost certainly a major piece in the Lost Civilization Theory.

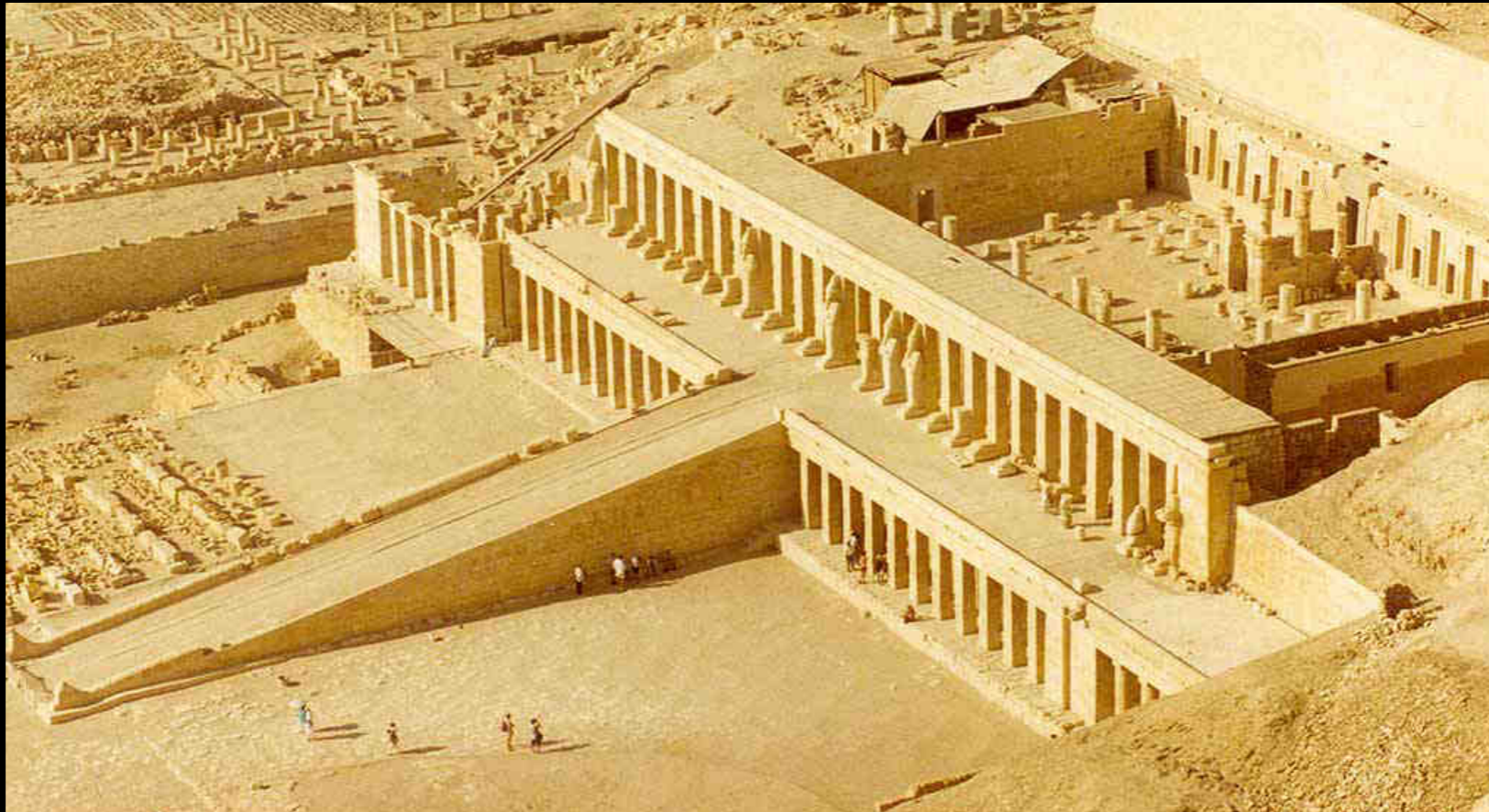
Then we visit the Dendera "Temple of Hathor" which is entirely Ptolemaic/Graeco-Roman, (ca. 150 BC - 80 AD) and consecrated to Hathor (Het-Hert), the Cosmic Feminine in her roles of Mistress of the Cycles of Time and nourishing Mother of the Universe. It's here that we get our first real taste of what time is doing to Egypt. While the knowledge of geometry, harmony, proportion and measure are still intact, we can see how the exquisite and apparently effortless virtuosity of New Kingdom art and sculpture has turned unwieldy, clumsy, and uninspired. It's a fascinating lesson for us watching Egypt degenerate and this is the first among many examples.

**Overnight:** [Farah Luxury Nile Cruise](#) - (Breakfast, Lunch, Dinner)



TUESDAY, OCTOBER 11TH

**DAY 7: WEST BANK: HATSHEPSUT TEMPLE, DEIR EL-MEDINA, VALLEY OF THE KINGS, RAMESSEUM, COLOSSI OF MEMNON - NILE CRUISE**



The West Bank is entirely funerary in significance; here we have the massive funerary complexes of the New Kingdom, the **Valley of the Kings**, where all New Kingdom pharaohs are buried, and the well-preserved tombs of the Nobles — related to those we see at Saqqara (Sakkara) but markedly different in execution and expression.

This is a day much devoted to discussions of Egypt's complex and mysterious funerary beliefs and practices. Even to the New Kingdom Egyptian scribes recording the texts, they are 'mysterious', but in the broadest sense they're comprehensible; they combine the separate but intertwined doctrines: the path of Horus (which becomes the doctrine of 'salvation' in Christian doctrine) and the doctrine of reincarnation (corresponding loosely to the Vedic/Buddhist tradition).

We visit the great (but controversial) Queen Hatshepsut's Temple of Deir El Bahari, another example of a temple with a peculiarly 'modern' look to it. To the ancient Egyptians it was 'the most splendid of all' — and so it must have been. Even in its present restored state it's pretty spectacular. You will also see the legendary and massive monumental Colossi of Memnon stone statues of Amenhotep III (1386-1353 BCE)!

**Overnight: [Farah Luxury Nile Cruise](#) - (Breakfast, Lunch, Dinner)**



WEDNESDAY, OCTOBER 12TH

# DAY 8: EDFU TEMPLE OF HORUS + KOM COMBO - NILE CRUISE



Edfu Temple of Horus, “the Falcon God”, is one best preserved temples of the ancient world, consecrated to Horus of Behdet; that is, Horus in his specific role of avenger of the murder of his father, Osiris. There are many intriguing and important lessons to convey.

Kom Ombo is consecrated to the duo of Sobek, the crocodile neter (Death as a cosmic function) and Horus, the Elder (Return to the Source as a cosmic function). Beautifully sited on a bend of the Nile, but now photogenically ruinous, Kom Ombo was in its day a healing temple, hospital, and place for initiations to be conferred.

**Overnight:** [Farah Luxury Nile Cruise](#) - (Breakfast, Lunch, Dinner)



THURSDAY, OCTOBER 13TH

## DAY 9: ASWAN QUARRY; UNFINISHED OBELISK + PHILAE TEMPLE OF ISIS - NILE CRUISE



We will examine the Unfinished Obelisk at the ancient granite quarries, where a planned, half-excavated 1200 ton single block of granite failed to make it out of the bedrock. Here we get a good taste of Egyptian technology in action. The usual explanation here is what is next to impossible to convey anywhere else in Egypt: how with very simple tools the Egyptians managed to accomplish what is practically impossible to accomplish even with modern machines — but even so, plenty of mysteries remain. You will see evidence of several different techniques of quarrying stone that date to various time periods.

Then onto Philae Temple, consecrated to Isis (Auset), often depicted with the throne, or “seat of power” in her role of Mother of Horus (the Christians changed her name to the Virgin Mary, but she's Isis, like it or not). Isis is associated with the ancient Egyptians most revered star, Sirius. Philae is on an island in the middle of the Nile (now it's the lake backed up behind the British 'Low Dam' built in 1904.) Quintessentially feminine, it is one of the most beautiful and moving sites in all of Egypt, despite the relatively inelegant quality of the Ptolemaic relief work and the wholesale, but telling selective defacing. It's here that the transition of the ancient Egypt doctrine of Immortality segues almost seamlessly into Christianity in front of our eyes.

**Overnight:** [Farah Luxury Nile Cruise](#) - (Breakfast, Lunch, Dinner)



FRIDAY, OCTOBER 14TH

# DAY 10: FLY TO CAIRO



Fly to Cairo and check-in at the hotel.

The rest of the day I free to relax and enjoy.

Explore the spa or take a refreshing dip in the pool by the Pyramids.

Overnight: Overnight: [Cairo Pyramids - Steigenberger -Hotel](#) - (Breakfast).



SATURDAY, OCTOBER 15TH

## DAY 11: MUSEUM, PRIVATE VISIT INSIDE THE GREAT PYRAMID, FAREWELL DINNER PARTY



The Cairo Museum was built in 1907, before anyone knew how a museum should be designed, and it shows. Imagine a pretentious art nouveau civic warehouse that happens to be over-stuffed with unlit, badly lit, incompetently labeled and utterly incomparable masterpieces. It is an unforgettable experience, at least in part because the museum itself is so terrible. You feel like you're discovering the works of art all on your own! The Museum recapitulates our Egypt trip as we go from Pre-Dynastic to Old Kingdom to Middle to New to Ptolemaic and finally to Egypt's ultimate and inglorious dissolution under Rome.

The tour comes to end with a private visit inside the Great Pyramid with special permissions access to all three chambers. For almost everyone our private session inside the so-called King's chamber is a profound, life-enhancing experience. Few are those who come out unmoved.

*Overnight: Overnight: [Cairo Pyramids - Steigenberger -Hotel-](#) (Breakfast, Farewell Dinner)*



SUNDAY, OCTOBER 16TH

# DAY 12: BREAKFAST, FOLLOWED BY DEPARTURE



Breakfast, followed by final departure.

Our local representative will transfer you from hotel to the Cairo International Airport in time for your international flight.

Goodbye, Egypt! — though if past experience is any indicator, for many it's only a goodbye for now!



[www.AdeptExpeditions.com](http://www.AdeptExpeditions.com)